

Cheshire East Mental Health Strategy Implementation Report 2019-2022 (October 2019)

Priority	Aims and Objectives	Implementation Actions	Update (including barriers, challenges and additional work required)
1 Transition from Childhood to adulthood	<ul style="list-style-type: none"> - Improve the process and planning for individuals undergoing many changes by ensuring the care and support they receive continues to meet their mental health support needs. - Ensure a seamless transition for children entering adulthood and will encourage independence from an early age so that individuals do not become over dependent on services. 	<ul style="list-style-type: none"> - Commission a single pathway combining Emotionally Healthy Schools and Children and Young People's Early Help services. - Refresh Children and Young People's Mental Health JSNA and include a section on transition from children's to adult's mental health service. - Continue to develop the Ignition Panel for Care Leavers to be expanded for those with special educational needs, including those with mental health difficulties 	<ul style="list-style-type: none"> - An Early Intervention pathway has been developed by the Emotionally Healthy CYP team in conjunction with schools and Early Help services. Cross sector events have been held which brought together the Emotionally Healthy CYP provider, voluntary sector, LA and health partners to ensure a shared understanding and vision around the pathway and the wider services available to children and families. - A referral pathway from the Early Intervention Team and CAMHS 16-19 service to the mental health social care teams has been agreed. Social workers will attend the MDTs regularly to discuss cases and where appropriate take new referrals. Also referrals for care coordination will be discussed at the Community Mental Health Team meetings. Mental health social workers in adult services will work alongside the transition workers to ensure an improved service. - CAMHS will also be re-structured to become a 0 – 19 service rather than the current 0 -16 and 16 – 19 structure. This will be a positive for supporting an effective long term transition. - Further work is being completed on changing and redesigning the children's electronic recording system to ensure information regarding Mental Health Act assessments is captured. - SEND Ignition gathered momentum in October when a train the trainer workshop was held in order to speed up and sustain the approach to person centred preparing for adulthood informing commissioning. - A workshop is to be held on 2nd December to start again with a new Multi-Agency Preparing for Adulthood Strategy. All appropriate agencies and parent / carers and young people will attend to develop the strategy and the session will be facilitated

			<p>by NDTI.</p> <p>- The new Axis Academy (Special Free School for Social Emotional and Mental Health – with a focus on mental health) will open in September / October 2020. Key milestones have been achieved for the project and the design of the school will facilitate multi-agency co-location and outreach</p>
2 Cared for Children and Care Leavers	<p>- Ensure adequate support, services and information is made available for cared for children and those leaving care.</p>	<p>- Recommissioning of accommodation and service provision to meet the needs of care leavers across the borough.</p> <p>- Refresh of JSNA for Cared for Children to include a section on mental health and cared for children/ care leavers will be included.</p>	<p>- Recommissioning of accommodation and support for care leavers has been agreed by Cabinet. Market Engagement has been undertaken with the provider market and young people and a tender will be going live in early 2020. The mobilisation of the commission of four new Children's Homes has slowed a little in Q3 due to capacity of Ofsted to complete the registration process for each home. The Children's Homes will form an integral part of Bespoke (a Care Hub approach to enhance the wrap around support offer for children on the edge of care, in care and leaving care). Bespoke will include wider health services i.e. CAMHS, SALT and OT.</p>
3 Employment	<p>- Improve the chances for those with mental health conditions to gain, re-enter or retain appropriate employment.</p> <p>-Reduce the number of working age people are out of work with a mental health condition.</p>	<p>- Implement the Proof of Concept Project to enable customers who are Care Act eligible to access paid work or voluntary opportunities.</p> <p>- Improve provision for individuals wanting support into voluntary work or paid work of less than 16 hours a week</p> <p>- Cheshire East Council to implement the Time to Change pledge to support the mental health and wellbeing of all staff.</p>	<p>- Proof of concept project has focused on LD referrals with Support Plans. To date, there have been no referrals for people with complex Mental Health issues. However, this will look to be addressed when the European Social Fund Journey First project is due to come on line on 20 January 2020 and one of the main target groups are people with mental health conditions looking for work. This could be for less than 16 hours per week employment. For people in work but at risk of losing their job due to an emerging mental health condition, there is now a new Access to Work funded provision to support retention (please refer to the bottom of this Cheshire East Council web page) :https://www.cheshireeast.gov.uk/jobs_and_careers/supported_employment/welfare-to-work-partnership.aspx</p> <p>- Supported Internships are also available to young people with mental health needs as long as they have an Education, Health and Care Plan.</p>

			<ul style="list-style-type: none"> - Time to Change now has a steering group and action plan in place. Council now have 36 Time to Change Ambassadors across the Council working to breakdown the stigma of Mental Health. Activities include attending team meetings, open sessions, and articles in Team Voice.
4 Personality Disorder	<ul style="list-style-type: none"> - Improve access to services and psychological therapies for those with a Personality Disorder to ensure adequate and appropriate support 	<ul style="list-style-type: none"> - Work is underway with the Cheshire and Merseyside Mental Health Programme Board and Health and Care Services to develop a strategy on working with people with personality disorder to improve outcomes through access to the right support at the right time. 	<ul style="list-style-type: none"> - A project group is actively working across the Cheshire and Merseyside footprint to design a new care model for - Borderline Personality Disorder (BPD) to propose to the wider system. - By the end of 2019 the project group will have a drafted new care model for BPD. Wider engagement and consultation of the proposed model is planned for early 2020. <p>Some of the models key principles include:</p> <ul style="list-style-type: none"> - Person centred care based on individual need - Provide care closer to home - To eliminate out of area placements for people with PD enabling people to remain close to friends and family - Reduce length of stay in hospital if someone requires admission. We will actively support transition to community based services. - To build resilience and awareness in the wider health and care system enabling professionals to understand signs and symptoms of BPD and where to signpost to.
5 Crisis Care	<ul style="list-style-type: none"> - Improve the range of support options 24/7 for those in a mental health crisis, in order to prevent an individual's situation worsening. - Implement the Crisis Care Concordat to ensure the needs of those in crisis are met and they receive appropriate support in an 	<ul style="list-style-type: none"> - Expand the Home Treatment Teams to provide 24/7 crisis care in the community to prevent attendance at A&E and admission to hospital. - Integrated working between Social Workers and other CWP services including the Early Intervention Team, CAMHS 16 19 teams, to work collaboratively on cases around crisis, for transition and those placed out of area. 	<ul style="list-style-type: none"> - In terms of 24 hour crisis services, there are now 5 short stay community beds operational to enable hospital avoidance and provide a place of safety. CWP is supporting families, carers and patients with travel (beds are 2 in Congleton, 2 in Macclesfield, 1 in Crewe). There have been challenges around acquiring suitable properties in Crewe and another bed planned to come on line in this area during January 2020. - The Crisis Café at St Anne Street, Chester has now had funding agreed, renovations are just taking place and this will open in January 2020 for anyone experiencing a mental health crisis. The service will be open 7 days a week (8am - 12 midnight TBC). The

	appropriate setting.		<p>resource will be staffed by professional NHS staff and people who have personal experience of mental health challenges. This is accessible for residents of Cheshire East but there could be challenges and barriers posed by the distance and transportation for those living in Cheshire East.</p> <ul style="list-style-type: none"> - Plans are in place at regional level for an extension of the 111 service to support callers who are experiencing a mental health crisis to receive urgent medical advice without necessarily having to go to A&E for help. - New social work operating model now introduced into the Community Mental Health Teams. Social care staff is now able to work across Cheshire and Wirral Partnership community services, such as Early Intervention and CAMHs Teams
6 Building Sustainable Communities	<p>The communities within which we live constitute a fundamental building block to good mental health and are the starting point for any mental health strategy. Cheshire East Council has a lead role in shaping and developing place, connecting communities; planning sustainable places to live which are free from crime and encourage access to green spaces; supporting schools and colleges; promoting public health and working with mental health service users and carers to tackle stigma and</p>	<ul style="list-style-type: none"> - Develop an All Age Cheshire East Mental Health Partnership Board to promote partnership working, engage with communities and tackle stigma associated with mental health and monitor the implementation of the strategy. - Recommissioning of Advocacy services including Independent Mental Health Advocacy and Independent Mental Capacity Advocacy. 	<ul style="list-style-type: none"> - Scoping meetings for the establishment of a Cheshire East Mental Health Partnership Board were held in August and September and Draft TOR and membership agreed. We have had extensive commitment so far from the Council, CCG (including GP's), Police, Third Sector, carers and those with lived experience (young people and adults). The Mental Health Partnership Board will meet for first time on 11 December 2019. - It is the Council's intention to extend the current Advocacy contract which covers Cheshire until May 2021. Recommissioning of a new service will take place in 20/21. -

	discrimination.		
7 Justice and Mental Health	<ul style="list-style-type: none"> - Work in partnership to improve their outcomes of those with mental health that come into contact with the criminal justice system. - Reduce the number of people who are detained as a result of undiagnosed and untreated mental health issues and also support continuity of care after release. 	<ul style="list-style-type: none"> - Publication of Operational Guidance between Health and Social Care. - Map current health and justice liaison Clinical Commissioning and diversion provision and respond imminent tender opportunities. 	<ul style="list-style-type: none"> - Social workers and Approved Mental Health Practitioners (AMHPs) are working alongside health colleagues in the mental health criminal justice and forensic services. AMHPs undertake the role of social supervisor for patients who are subject to the special restrictions (restricted patients) set out in section 41 of the Mental Health Act 1983 (the Act) and who have been conditionally discharged from hospital by either the Secretary of State under S.42 (2) or by the First tier Tribunal - Mental Health under S.73 (2) of the Act those subject to home office conditions. - Cheshire East Head of Service/Locality Manager for mental health have been attending Multi-agency public protection arrangements (MAPPA) meetings which assess and manage the risks posed by sexual and violent offenders: guidance for the police, prison service and probation trusts.
8 Commissioning More Effective Services	<ul style="list-style-type: none"> - Develop a more vibrant and responsive market of providers to deliver more choice and control to service users - Develop provision which is flexible, person centred support which promotes independence, recovery and access to universal services. 	<ul style="list-style-type: none"> - Continue to engage and develop the mental health provider market through the Complex Care Framework including the provision of community accommodation to meet the needs of individuals with mental health conditions. - Commissioning of integrated services as part of the Adult Mental Health Service Redesign. 	<ul style="list-style-type: none"> - Complex Care Framework has now completed its 4th bidding round. 73 Providers are now accredited to provide services in Cheshire East (40 of which support people with Mental Health). We still have challenges regarding the availability of suitable supported accommodation in some parts of Cheshire East (especially the North and rural areas). Commissioners are engaging with the market to encourage further development within the borough. - Mental Health Floating Support Service has been recommissioned. New service goes live on 1/12/19. Service will provide short term support to help individuals to remain independent, develop new skills, and manage benefits and access community networks. - New Adult MH Service Redesign provision will be operational by 9 December 2019. Silk Ward (Macclesfield District Hospital) will provide specialist inpatient treatment and assessment for 15 people with dementia. Mulberry Ward will provide mental health inpatient facilities in a 26-bed mixed gender spacious modern

			<p>ward on one level and will feature an open garden, courtyard, gym facilities and all en-suite bedrooms.</p> <ul style="list-style-type: none"> - The CCGs are developing an outcomes based system model which supports people to receive services based on need rather than diagnosis. This will constitute of a review of service thresholds and current pathways. - CCGs are looking to roll out the All Age Wellbeing Hub model across Cheshire (this is already in place in South Cheshire and Vale Royal CCGs) in order to support early detection, better management and improved treatment outcomes of patients presenting to primary care in order that their physical and mental health can be treated together. This will contribute to improving local community support networks with a range of other providers, including social care.
9 Mental Health Law Reform	The council will work with the Association of Directors of Adult Social Services to support the review of the Mental Health Act 1983 and the Mental Capacity Act 2005.	- Contribute to the Government review of the Mental Health Act 1983 and the Mental Capacity Act 2005 by actively engaging with the Government via the Association of Directors of Adult Social Services (ADASS).	<ul style="list-style-type: none"> - Cheshire East Council has contributed to the final report of the All Party Parliamentary Group: Social Work and a new Mental Health Act. - The council continues to lead the North ADASS Mental Health group and attends the National ADASS Mental Health group. - Further developments in the legislation have been delayed and will now await the formation of a new government.